

The Impact of Using Social Media on Mild Mentally Disabled Children at SLB Bina Siwi

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ABSTRACT

This study aims to determine the impact of social media use on the social Behavior of children with intellectual disabilities in SLB Build Siwi and how social media is used. This research will be carried out at SLB Bina Siwi in 2023. This study used a qualitative research approach with descriptive methods using data collection techniques through observation, interviews and documentation. The subjects in this study were three mildly impaired female students, their parents and a class teacher. The analysis techniques used are data collection, data reduction, data presentation and inclusion. Based on the research results in the field, the Behavior was mostly influenced by social media, resulting in children appearing closed, disobedient, difficult to admit mistakes and lacking confidence. Because children already understand how to use social media, so much of their time is spent playing with gadgets. This is a warning to parents and teachers to supervise their children's activities and maintain so much social media installed. In addition to supervising it, parents also use social media in children, and this aims to minimize the occurrence of excessive addiction.

Keywords: social media, social BehaviorBehavior, mild impairments

INTRODUCTION

Mentally disabled is the term used to mention a child who has below intellectual ability average. (Somantri, 2006). literature language foreign used the terms mentally retarded, mentally retarded, mental deficiency, mentally defective and others. The term has the same meaning, condition of an intelligent child far below average and marked by limitations of intelligence and incompetence socially mentally disabled child or also known as the term mentally retarded because the limitation of his intelligence caused himself hard for participate in an educational program at normal school classically, therefore child mentally disabled need service education in a special way customized with abilities child. The terms used to refer to mentally disabled children vary in Indonesian; terms that have been used, for example, brain weakness, memory impairment, mental retardation, mental retardation, mental retardation, mental disability and mental retardation (Widiastuti & Winaya, 2019).

Mental retardation is a state of mental retardation; this mental retardation is also called mental retardation. As we all know, several abnormalities can occur in children, both congenital and those that occur due to illnesses suffered during the parents' pregnancy or as a result of events after they are born, such as nutritional disorders, infections or poisoning or the influence of trauma and radioactive substances that cause them to occur. Abnormalities in the minds of mentally disabled children. (Musarofah, 2019)

In 2018, it was recorded in Indonesia that children with intellectual disabilities numbered around 2.75% of 280 million or around 7.7 million population. (Rousyati et al., 2019). WHO estimates that the number of children with special needs in Indonesia is around 7-10% of the total number of children in Indonesia. According to Susenas data (National Social Economic Survey) for 2015, out of all ABK in Indonesia, there are 679,048 ABK of school age or around 21.42%. (Amiqoh, 2022) .

Classification of mentally disabled children, according to (Fajri & Waspodo, 2021), includes mild mentally retarded (able to teach) IQ 50/55-70/75, that is, can be educated in the academic field, able to adjust to a wider environment socially, able to be independent, able to do simple social work. Moderate mentally retarded (able to train) IQ 20/25-50/55, that is, able to take care of himself, able to do work that needs supervision in a protected place, can communicate and adapt in the immediate environment. Severe mental retardation (capable of caring for) IQ 0-20/25, i.e., all his life depending on the help and care of others.

Behavior is the activity of an individual starting from a stimulus or stimulus that comes into contact with the individual and does not arise without cause. Human Behavior reflects knowledge, perception, interests, desires and attitudes. Things that affect a person's Behavior lie within the individual or internal factors, from outside himself or external factors, driven by the activity of the organism's system and response to stimulus. Behavior in children can be classified into normal Behavior or abnormal Behavior. Children's Behavior can be considered normal if the Behavior is by society. Theisen, the child's Behavior can be considered abnormal if it has deviated from the prevailing order in the community so that the community directly or indirectly rejects it. (Yulia & Dewi, 2020).

Social can be interpreted as a relationship between humans who need each other to bring out the natural nature of humans, namely a sense of empathy, love then arises a sense of helping each other, helping each other and cooperation in social life. Between individuals and individuals, groups and individuals and groups within the community. This is supported by the theory (Saepudin et al., 2022), which is everything related to society that is born, grows and develops in life together .

Humans are social beings who always need the help of others; humans also cannot live alone. Humans need the help of others in small matters such as repairing broken cellphones, renovating houses, cutting hair and solving other problems. The Social Behavior shown by each individual certainly varies depending on the environment and other people's Behavior. Social Behavior is a natural trait that arises when interacting with other humans. This is supported by a theory (Puspitasari, 2022), which says that as social beings, humans always live together with others. Humans need each other and must interact with other humans. This is because humans, in meeting their needs, cannot fulfill them alone. Humans will join with other humans to form groups to fulfill their needs and goals; in this case, they will always be in contact with other social beings.

According to Hurlock's Behavior, social is physical and psychological activity. Social is appropriate for persons with social demands. According to Rusli Ibrahim, Social Behavior is the atmosphere of each other's dependencies, which is a must for guaranteeing human existence. (Nur, Hanifa, 2017). From understanding social Behavior, one can conclude that man in fulfilling need life can't do it alone. There is a need for help from others because man demands appreciation, respect and a sense of tolerance for whatever differences there are inside.

The We Are Social survey results conducted in Singapore show that 106 million Indonesians use social media out of a total population of 262 million. Digital natives do the highest activity of social media users in Indonesia, with 62% using smartphones, 16% using computers and 6% using tabs. (Supratman, 2018) . Social media use can influence and give change to users. The changes that occur Can be in a positive or negative direction according to how the user method uses social media. The impacts that afterward attack all circles start from parents, adults, teenagers or even children under age if there is no parental supervision. Influence the use of social media in normal children, especially in children who are mentally disabled, have almost addiction to excess, easy emotions, laziness to learn, tantrums when they follow and change social. Especially in children, mentally disabled people with power think abstractly and can distinguish between what is bad and what is good if using social media without parental supervision. This is supported by the theory (Asmiati & Maureza, 2021), which says that children's emotions are unstable, with intellectual obstacles (mental retardation) being the cause of the tantrum when No obeyed will give a smartphone. This should be avoided as early as maybe 10, considering a smartphone can make addicted users, including children.

Research objects to be used by researchers are students who attend SLB Bina Siwi and experience obstacles in mentally disabled light high school class; the researcher observed that good female student Behavior a female student playing cell phone during learning activities and playing her social media, besides female student difficult organized and easily emotional.

The results of the observations of the researchers get female students always to show the same behavior if they are forbidden from playing with gadgets during the learning activity, like arguing in a very high-pitched voice and being easily angry. Based on observation, researchers at SLB Bina Siwi at the time introduced field schooling for 2 months; researchers found problems with students who were mentally disabled light still in high school class. There is supervision in the use of social media. This becomes the focus of the problem in the desired research process: How does social media use the social Behavior of children mentally disabled in a light high school class at SLB Bina Siwi—based on the description of the researcher interested in problems that exist in the fields made US object research.

The definition of social media is not necessarily an unfounded idea put forward by experts. Social media has a role and impact on people's lives. It must be designed in such a way that it remains the function and purpose of social media itself and has benefits in the lives of every individual. (Dwiyono, 2018).

METHOD

Researchers used descriptive qualitative methods to facilitate the research process in reaching efficient and effective conclusions. This descriptive qualitative research prioritizes the relationship between research relevant to field conditions regarding the Impact of Using Social Media on the Social Behavior of Mild Mentally Disabled Children in SMA class at SLB Bina Siwi can run as it should. The research will use a descriptive pattern, where the researcher will carry out the observation stage first and then will tell the results of the findings in the field in the form of a scientific descriptive narrative.

RESULT AND DISCUSSION

The research findings and data exposure results are consistent with the indicators used. They can explain the answers to the problems that exist in the background regarding "The Impact of Using Social Media on the Social Behavior of Mild Mentally Disabled Children in High School Classes at SLB Bina Siwi" so that it can be concluded that the behavioral social child Most of them are influenced by their use of social media, which causes children to appear introverted, disobedient, difficult to admit their mistakes and have a lack of self-confidence. Kids are already teenagers and understand how to use social media. But in this case, they still do not distinguish between good and bad, as we know that the use of social media can be reached by all groups, from young to old.

The use of social media in mild mentally disabled children is still at great risk if there is no supervision from their parents or those closest to them about how they use social media within 1 day or a long period, they can access various kinds of social media platforms starting from WhatsApp, Tiktok, Instagram, CapCut, YouTube and many others. Based on the testimony of their respective parents, children spend more time playing with gadgets than studying at home.

Social media is a receptacle or facilitating digital platform where the user interacts with Lots of people and can be accessible to all. In modern times, This No cannot denied if We, of course, need to use social media with various objectives for every user. In social media use for kids, fine, normal children or children need special parental supervision If at home and school by teachers who have to control and limit social media use children.

In the use of social media, children need special mentally disabled light, capable education, necessary extra supervision or agreement, and regulation between parent and child; in the use of social media, there must be a limitation of time usage. For example, the maximum day allowed to use gadgets is 2 hours; parents must share time outside this matter. For reconciliation, the child should pay attention so the child can get distracted and reduce gadgets to minimize excess addiction. Likewise, when children are in the classroom, they need a chance to limit the use of gadgets for learning activities to become effective.

It can be concluded from this research that the use of social media will have an impact on its users, not only having a negative impact but can also have a positive impact if it is wise and appropriate in its use. This research still has many shortcomings, so researchers hope this thesis can be a reference for other readers and continue their research properly. Also, the researchers hope this research can be useful for many parties.

CONCLUSION

In the use of social media, children need special mentally disabled light, capable education, necessary extra supervision or agreement, and regulation between parent and child; in the use of social media, there must be a limitation of time usage. For example, the maximum day allowed to use gadgets is 2 hours; parents must share time outside this matter. For reconciliation, the child should pay attention so the child can get distracted and reduce gadgets to minimize excess addiction. Likewise, when children are in the classroom, they need a chance to limit the use of gadgets for learning activities to become effective.

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